

WHAT IS INVISALIGN?

Invisalign is a popular orthodontic treatment that uses clear, removable aligners to straighten teeth and correct bite issues.

**Your Step-by-Step Guide to Invisalign****Step One: Consultation**

The process begins with a consultation with one of our Invisalign providers. During this visit, the provider will assess your teeth, discuss your treatment goals, and determine if Invisalign is the right option for you. If you are a suitable candidate a 3D scan and clinical photos will be taken and sent to the Invisalign Lab.

Step Two: Clincheck Review

Once Invisalign review your scan, images, and proposed treatment plan, they will send back a Clincheck Video. This is essentially a prediction of what your result following completion of treatment will look like. This will also outline how long your treatment may take and how many clear aligners are needed.

JME Dental Devon Park Clinic Devon Park House 108 Salthill Road Lower County Galway H91 YV4Y
091 520 222 086 306 2400 (24 HR) devonpark@jmedental.ie

JME Dental Liosban Clinic Unit 11A Centrepoint Liosban Industrial Estate Tuam Road, County Galway H91 W6ER 091
342 555 086 306 2400 (24 HR) liosban@jmedental.ie



Step Three: Aligner Fabrication

If you decide you would like to proceed with the proposed treatment, Invisalign will fabricate your aligners. These aligners are made of smooth, BPA-free plastic and are virtually invisible when worn.

Step Four: Fitting of Aligners

Once the aligners are ready, you will visit your provider to have these fitted and receive instructions. You'll wear each set for about 1-2 weeks, gradually moving your teeth closer to their desired positions. You'll wear the aligners for 20-22 hours per day, removing them only for eating, drinking (except water), brushing, and flossing.

Step Five: Progress Checks

Every 4-6 weeks, you'll have progress checks with your Invisalign provider to ensure that your treatment is progressing as planned. During these visits, you'll receive your next sets of aligners.;

Step Six: Retention

Once your teeth have been straightened to the desired position, your provider may recommend using retainers to maintain the results. Retainers are typically worn at night to prevent teeth from shifting back into their original positions.

JME Dental Devon Park Clinic Devon Park House 108 Salthill Road Lower County Galway H91 YV4Y
091 520 222 086 306 2400 (24 HR) devonpark@jmedental.ie

JME Dental Liosban Clinic Unit 11A Centrepoint Liosban Industrial Estate Tuam Road, County Galway H91 W6ER 091
342 555 086 306 2400 (24 HR) liosban@jmedental.ie